

Encore Careers Annotated Bibliography

Bridges, William. *Transitions*.

An easy to read resource on how transitions play out in work and personal lives.

Collamer, Nancy. *Second Act Careers: 50+ ways to profit from your passions during semi-retirement*.

This book takes a can-do attitude toward the encore career, providing many ways to reinvent your career by leveraging your experience and skills. Second part of the book takes the reader through a series of self-reflective exercises meant to elicit inner knowledge about interests and dreams.

Freedman, Marc. *Encore: Finding work that matters in the second half of life*.

Really the benchmark work and author in this area, Marc Freedman lays out the bright possibilities for personal and societal growth via the Encore Career. Freedman uses inspirational case stories to illuminate points, then includes a section on what our US society must do to assist with the process of redefining adulthood to include the important “third age.”

Ibarra, Herminia. *Working Identity: Unconventional Strategies for Reinventing Your Career*.

Through a research study of professionals that re-tooled their careers at midlife, Ibarra gives the reader a highly theoretical framework of how this career transition will happen. She disputes the prevailing model of “going within” to discover one’s true potential. Instead, this work advocates for action, testing of possibilities and reflection on what is learned within new career experiences and relationships. The central point of the material is that when one wants to change “work identity,” one is changing the self profoundly—old situations, networks, ideals and values may no longer serve or fit.

Veccio, Carol. *The Time Between Dreams: How to navigate uncertainty in your life and work*.

While this book focuses on career transition and development, its real strength is in mapping out a thorough program for handling the uncomfortable moments of change inherent in career shifts. The model is usable, kind, and cross-culturally relevant.